Cycle A (Sept 2026)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Willow (EYFS module)	Self regulation- my feelings	Building relationships- special relationships	Managing self- taking on challenges	Self regulation- listening and following instructions	Building relationships- My family and friends	Managing self- My wellbeing -RSE module
Oak (Y2)	My healthy self: How can we look after our bodies	Connecting with others: How can I build safe, kind and caring relationships with others?	The online world: How can we stay safe online	Citizenship: How do people belong to a community and earn money?	Staying safe: How can I make safe choices in different places?	-Growing up: how can we look after and respect our bodies as we grow? -RSE module
Cherry (Y4)	My healthy self: How can I make healthy choices?	Connecting with others: How can we respect each other?	The online world: How can we decide what to trust online?	Citizenship: How can I spend money responsibly?	Staying safe: What signs help me recognise what is safe or unsafe?	-Growing up: How will my body and emotions change as I grow up? -RSE module
Elder Mixed 5 / 6 planning cycle A	Connecting with others: Why are healthy relationships important?	The online world: How am I influenced by what I see online?	Citizenship: How can we be in control of our money?	Connecting with others: What does it mean to stand up for myself and others?	The online world: How do I feel about the things I see online?	-Staying safe: How can I stay safe as I grow up? -RSE module

Cycle B (Sept 2027)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Willow (Y1)	My healthy self: How can we look after our emotions	Connecting with others: How can I help myself and others feel happy and safe	The online world: How do we spend time online	Citizenship: How can I help others and the environment	Health protection: How can I protect myself and others in daily life	Staying safe: How can I stay safe -RSE module
Oak (Y3)	My healthy self: How can I take care of my mind and body?	Connecting with others: What helps us feel safe and included?	The online world: How should we communicate online?	Citizenship: What rights and responsibilities do we have?	Health protection: How can we prevent illness and injury and respond if they happen?	Citizenship: What careers do people choose and why? -RSE module
Cherry (Y5)	My healthy self: How can I support my mind and body as I grow?	Connecting with others: Why are healthy relationships important?	The online world: How am I influenced by what I see?	Citizenship: How can we make a difference in our communities and beyond?	Citizenship: How can we be in control of our money?	-Growing up: How can I manage changes to my body and emotions as I grow up? -RSE module
Elder Mixed 5 / 6 Planning Cycle B	My healthy self: How can I support my mind and body as I grow?	Citizenship: How can we make a difference in our communities and beyond?	My healthy self: How do my choices today shape my future world?	Citizenship: How can we protect everyone's rights?	Growing up: How can I manage the changes to my body and emotions as I grow up?	-Sex education: How do people become parents and carers? -RSE module