'Let your words teach and your actions speak.'

St Anthony's Intent, Implementation and Impact Statement for the delivery of PSHE.

'The evidence shows that PSHE education can improve the physical and psychosocial wellbeing of pupils. A virtuous cycle can be achieved, whereby pupils with better health and well-being achieve better academically'- **PSHE Education: A Review of Impact and Effective Practice, DfE, 2015**

Intent

The intent of our PSHE curriculum is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child so that they know more, remember more and understand more. As a result of this they will become healthy, independent and responsible members of a society who understand how they are developing personally and socially and give them confidence to tackle many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

At St Anthony's Catholic Primary School our PSHE curriculum intentions are to build a PSHE curriculum, which develops learning, and results in the acquisition of knowledge and skills which enables children to access the wider curriculum and to prepare children to be a global citizen now and in their future roles within a global community. The PSHE Association evaluated research 'A case for PSHE' indicates that PSHE when taught well - helps keep children and young people safe, physically and emotionally healthy and prepared for life and work.

The school uses Kapow PSHE Scheme of Learning to support the teaching of PSHE.

The curriculum covers key areas which will support children to make informed choices now and in the future around health, relationships, safety, wellbeing and financial matters and will support them in becoming confident individuals and active members of society.

Children's learning through this scheme also promotes the four fundamental British Values which reflect life in modern Britain. These are democracy, rule of law, respect and tolerance and individual liberty.

By providing a quality PSHE curriculum, it is St Anthony's intention to carry out our duty of care with regards to safeguarding and the teaching of online safety through the provision of a broad and balanced curriculum.

Implementation

At St Anthony's we use the Kapow PSHE to deliver our PSHE curriculum. This is a whole school approach that consists of five areas of learning:

- Families and relationships
- Health and Wellbeing
- Safety and Changing Body
- Citizenship

- Economic Wellbeing

Each area is revisited every year to allow children to build on their prior learning. The lessons also provide a progressive program. These lessons are based upon the statutory requirements for Relationships and Health education and refer to the PSHE Associations Programme of Study, which is recommended by the DFE.

Sex education is delivered through the schools RSE Programme, 'Journey in Love' which matches the Catholic teaching and mission of the school and those of the Catholic Church. By following this our children will become more aware of how they are unique and made in the likeness of God. A separate policy is available with details of our RSE curriculum. At St Anthony's, parents are informed of the content of the RSE programme of work during planned information sessions, and further support / clarification will be given if required.

Our Kapow PSHE scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effects of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

By using this PSHE scheme, a range of teaching and learning activities are used and are based on good practice in teaching PSHE/RSE education to ensure all children can access learning and make good progress. Introductory lessons help to establish ground rules which provide a safe environment for discussion and learning. All lessons include ideas for differentiation to help stretch the most able learners and give additional support to those who need it. Many lessons include stories, video clips and scenarios which help pupils to engage in real life and current topics in a safe and structured way.

The role of parents and carers is also recognized, with recommendations throughout the scheme as to how the school can work alongside these key stakeholders in a child's education.

In addition to the sequence of lessons and learning, there are a suite of eight Q&A video for teachers, featuring various experts covering the key areas.

The PSHE scheme also includes documentation relating to the implementation of the curriculum:

- Long Term Plans- this outlines the learning in each class
- Knowledge Organisers- Children have access to key knowledge, language and meanings to understand PSHE and to use across the curriculum.
- Parent and Carers guide to PSHE
- PSHE Knowledge and Skills Progression documents

In addition to the above documents, St Anthony's also uses the following to support the teaching of PSHE:

Assemblies and Worship

Whole school, Key Stage and class assemblies/worship always make a link to PSHE, British Values and SMSC

'Let your words teach and your actions speak.'

Displays Across school

PSHE, BV and SMSC displays throughout school reinforce the PSHE curriculum enabling children to make links.

Impact

Each lesson within the PSHE scheme features guidance on assessment, helping teachers to identify who has met, exceeded or failed to meet the desired learning intentions for that lesson.

Each PSHE unit comes with a Knowledge quiz of 10 questions, which can be used to measure progress and identify gaps in learning.

Once the children have been taught the full scheme they will have met the objectives set out within the statutory guidance and will utilize their learning within their daily lives, from dealing with friendship issues to resilience to making healthy choices and knowing how to get help when needed.

In summary, the intended impact is:

- Children will know more and remember more about PSHE.
- Children will recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.
- Children will demonstrate a healthy outlook towards school – attendance will be at least in-line with national and behaviour will be good.
- The large majority of children will achieve age related expectations across the wider curriculum in addition to the core subjects.
- Children will develop positive and healthy relationship with their peers both now and in the future.
- Children will understand the physical aspects involved in RSE at an age appropriate level.
- Children will know they are made by God and made in the likeness of God.
- Children will have respect for themselves and others.
- Children will have positive body images